

# Autumn & Winter Menu



#### Allergen Key

Celery Cereals Crustaceans Molluscs Mustard Nuts CG Mu Peanuts Eggs Fish Sesame Seeds Lupin Milk Soya So Sulphur Dioxide Su

Week 1

## Monday

#### Tuesday

#### Wednesday

# Thursday

## Friday

Option 1

Chicken Curry G/M with Rice & homemade flatbread G/So & Seasonal Vegetables

Sharwoods 3 Tilda,

Ve Five Bean Chili with Rice & a homemade flatbread G/So & Seasonal Vegetables

V Margarita Pizza G/M Served with Pasta G & Seasonal Vegetables

Ve Vegetable Tagine served with Pasta G & Seasonal Vegetables

Roast of the Day with forkshire Pudding E/G/M Creamed Potatoes M, Seasonal Vegetables & Gravy

Ve Veggie Sausage G served with a forkshire Pudding E/G/M, Creamed Potatoes M, Seasonal Vegetables & Gravy Quornero

Beef Burger © in a Bun © with Potato Wedges & Baked Beans

Ve Vegan Burger G/So in a bun G with lomemade Potato Wedge & Seasonal Vegetables Enda

Fish Fingers F/G with Chips, Carrots & Sweetcorn Young's

V Cheese & Tomato Pinwheel E/G/M with Chips, Carrots & Sweetcorn

Option 3

Option 2

Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection

Dessert

Cooks choice of cookie G Chocolate Cracknel G/M

Honey Cake with Fresh Fruit E/G/M

Banana & Strawberry Yoghurt Muffin E/G/M müller

Fruit Crumble G with Custard M

Weeks Starting: 04.11.24 / 25.11.24 / 16.12.24 / 20.01.25 / 10.02.25 / 10.03.25 / 31.04.25

# Week 2

Option 1

#### Monday

# Pasta G Bolognaise with French Stick G & Seasonal Vegetables

Ve Dippers C with Homemade Sauce, Pasta C & Seasonal Vegetables **QUOTUPRO** 

#### Tuesday

Big Breakfast G/Su with a Hash Brown, Baked Beans & Tomatoes

We Veggie Breakfast G with a Hash Brown, Baked Beans & Tomatoes **QUOTITPRO** 

#### Wednesday

Roast of the Day with Stuffing G. Creamed Potatoes M. Seasonal Vegetables & Gravy

Veggie Cottage Pie M/So with Seasonal Vegetables & Gravy

#### Thursday

▼ Cheese & Tomato Pizza G/M with Pasta G & Seasonal Vegetables

🇤 Veggie Balls G in a homemade tomato sauce with Pasta G & Seasonal Vegetables **QUOTITPRO** 

# Friday

Fish Stars F/G with Chips, Peas & Carrots

Veggie Fingers G with Chips, Peas & Carrots BirdsEye

Option 3

Option 2

Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection

Dessert

Shortbread G

Lemon Slice E/G

Jelly & Fresh Fruit WIBBLE (%)

Chocolate Crunch E/G & Fresh Fruit 6

Cornflake Tart G with Custard M

Weeks Starting: 11.11.24 / 02.12.24 / 06.01.25 / 27.01.25 / 24.02.24 / 17.03.25

# Week 3

Option 1

## Monday

Chicken Pasta Bake G/M with Seasonal Vegetables & French Stick G

Option 2

V Vegetable Pasta Bake G/M with Seasonal Vegetables & French Stick G

#### Tuesday

# V Southern Style Burger with Potato Wedges & Baked Beans **QUOTILPRO**

V Jacket Potato with Cheese M or Baked Beans & Seasonal Vegetables

# Wednesday

Sausages G/Su & Mashed Potatoes M, Seasonal Vegetables & Gravy

V Broccoli & Cauliflower Cheesy Bake G/M/Mu with Seasonal Vegetables

#### Thursday

Cottage Pie M & Seasonal Vegetables

Ve Vegan Sausage Roll G with Creamed Potatoes M. Seasonal Vegetables & Gravy

# Friday

Fish Fingers F/G with Chips, Peas & Sweetcorn



Cheese G/M/Mu with Peas & Sweetcorn

Option 3

Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection

Dessert

Cooks choice of Cookie C

Flapjack G

Sprinkle Cake E/G

Beetroot Brownie E/G with Fruit

Sticky Toffee Apple Sponge E/G with Custard N

Weeks Starting: 18.11.24 / 09.12.24 / 13.01.25 / 03.02.25 / 03.03.25 / 24.03.25







